



PILATES AT THE PILLOW® | April 17-19, 2026

100 Years of Contrology

Transportation Information

Travel Information To and From Jacob's Pillow (358 George Carter Road, Becket MA, 01223)

AIRPORTS	City, State	*Distance	CAR RENTAL
Albany International Airport (ALB)	Albany, NY	1.5 hours	www.enterprise.com
Bradley International Airport (BDL)	Hartford, CT	1.5 hours	www.alamo.com
Logan International Airport (BOS)	Boston, MA	2.5 hours	www.hertz.com
John F. Kennedy International Airport (JFK), LaGuardia Airport (LGA), Newark Liberty International Airport (EWR)	New York, NY	3.5 hours	

**Approximate driving time to/from Jacob's Pillow*

TRAINS

Please note: you will need to arrange a taxi or uber from a train station to Jacob's Pillow. These arrangements will need to be made ahead of time to ensure taxi/uber availability.

Amtrak

Line runs from Penn station in NYC to Hudson, NY-about an hour from Jacob's Pillow. Below are a few train times which might be helpful in when planning your travel. For more information and purchase tickets, go to www.amtrak.com (prices vary depending on when you book your ticket).

New York, NY Moynihan Train Hall to Hudson NY on Friday, April 17

8:35-10:44am | 10:20am-12:25pm | 11:20am-1:19pm

Hudson NY to New York, NY Moynihan Train Hall on Sunday, April 19

6:57-9:16pm | 8:03- 10:15pm

Metro-North

Train service runs from Grand Central Station in NYC to Wassaic, NY or Waterbury, Connecticut—both about an hour and fifteen minutes from Jacob's Pillow. The trains for those trips are not yet posted this far in advance. For more information, go to www.MTA.info



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BUS

Peter Pan / Bonanza

800.343.9999 | www.peterpanbus.com

This line provides service from Boston, Hartford, Albany, New York City, and Springfield and arrives in Lee, Massachusetts, at the Lee Plaza, which is 8 miles from Jacob's Pillow. There is no bus terminal; tickets may be purchased online or on the bus.

TAXI SERVICE

Location	Taxi	Phone Number	Estimated fare
From Hudson, NY train station	Hudson Region Transport	518-547-7094	\$98 one way
From Wassaic, NY train station	Emerald Express Taxi	518-592-1074	\$100 one way
From Waterbury, CT train station	Brass Taxi	203-805-5656	\$125 one way
From Lee, Massachusetts Lee Plaza	Park Taxi	413-243-0020	

All taxi fees were accurate as of 1/8/19 they are subject to change and are beyond our control.

Optional Workshop: Monday April 20, 2026 Studio Endings/Case Studies Workshop

Travel to Rhinebeck from Becket, MA

- Ride share with other attendees is most likely the best option
- Please check for hotel and inn options in Kingston, Rhinebeck, and Hyde Park, NY

Please contact elaine@rhinebeckpilates.com to discuss travel options.